

JANUARY

Key themes for the month: New Year's, Resolutions, Women Rock Day, Martin Luther King Jr. Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Spiritual goals for the New Years	Social media marketing trends for the new year
3	4	5	6	7	8	9
Women Rock Day: How Women Can Be	How to Set Spirtual Goals for the New Years	What do people admire about you	What is the closure that you need to move on	What does your inner child need right now	National Bubble Bath Day: Mediate for 10 mins in your happy place	What are some stand out features of your life partner
10	11	12	13	14	15	16
Personal Story On How I Become A Spirtual Coach	What news is heading your way	What does your future self want you to know	How open are you to recieve	Who you align with determines where and how far you go	Where is your mind right now	What does true compatibility look like
17	18	19	20	21	22	23
Shift your perception	Martin Luther King Jr. Day: Why Equality Matters	Self - Acceptance Is Everything	Have you stopped to acknowledge just how far you'll come	What does Surrender mean to you	Is there something right with me	Are you done living in fear
24	25	26	27	28	29	30
Creating a morning pratice	What is the biggest block with people becoming more spiritually	5 Self-loving midset	Are you ready to find and shine your inner light	What are some of the positive things you are seeing change	X Steps to turning reaction to response	Story of Life as a Spirtual Coach
31						
Letting Fear Deciding Your Future						
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FEBRUARY

themes for the month: Valentine's Day, New Year's Goals, National Freedom Day, World Marriage Day, Susan B. Anthony Day, President's Day, African American History M

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1		3	4	5	6
	National Freedom Day: Spritual Freedom	Inner Peace	X Ways to Love On Yourself	Insecurity Flare	Boundaries	
7	8	9	10	11	12	13
How to Get Your Partner on The Same Spirtual page with you	How to Love Flaws	How To Unblock Your Manifestation	What the differences between you and someone with a thriving business	Have you been seeing sign that the energy of rebirth & renewal are so high right now	X Budget Friendly Valentine Gifts	
14	15	16	17	18	19	20
Take A Break	A Beginner's Guide to Creating Your Spirtual Journey	How to Build Strong Relationships	X Signs You Are A Healer	Abundance	How to Grow Your Spirtual Businesss Online	
21	22	23	24	25	26	27
How to teach Your Kids About Coaching	How to Find a Healer	How do you use essential oils in your everyday life	What is your favorite crystal	X Tips from African American Healer	X Best Rituals/Spirtual App	
28						
X Things I Love About Earth						
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MARCH

Key themes for the month: St. Patrick's Day, International Women's Day, Women's History Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		National Read Across America Day: X Best Spiritual Books	X Steps Into Clarity	X Ways to Fix Your Chakra	How to Find Calmness in the middle of overwhelm	X Best Tax Tools for Y Year
7	8	9	10	11	12	13
X Ways to Mindfulness Improves Your Balance	Happy National Women's Day:	3 Top Women Spiritual Coaches on Instagram	3 Top Women Spiritual Coaches on Twitter	3 Top Women Spiritual Coaches on Linkden	Everything Women Need to Know About Investing	X Best Spiritual Tools for Women
14	15	16	17	18	19	20
Why Representation Matters in Leadership Positions	What is the difference between spritual coach and a life coach	Breaking Astrology Down	St. Patrick's Day	X Ways to Advocate for Women	What Are The Most Common Angel Signs	5 Ways to Use Selenite Wands for Spiritual Awakening
21	22	23	24	25	26	27
Top Women Spirtual Coaches	How to Raise Your Vibration Fast	X Quotes from Top Women Coaches	X Networking Tips for Building Relationships	How to Open Your Third Eye	Soul Contracts You Agreed to Before You Were Born!	11 Keys for A Spiritual Night Routine
28	29	30	31			
How to Ask Your Spirit Guides for Help With Love	Understanding The Veil and What A Thin Veil Means	How Women Can Find A Mentor	How to Make A Powerful Crystal Grid			

APRIL

Key themes for the month: Taxes, Spring

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				How the universe communicates with us by sending us signals	Top 15 Crystals for Gardens & How to Use Them!	X Tax Deductions for X Business
4	5	6	7	8	9	10
How to Find Amazing Accountant	X Reasons Why You Need an Accountant	X Tax Rules You Need to Know About	X Tax Rules X Business Need to Know About	How to Meet Your Power Animal	How to Organize A Partner Search	7 Types of Spirit Guides
11	12	13	14	15	16	17
X Terms You Need to Know About Business	X Ways to Increase Profits In Your Business	Should You Do Your Taxes Alone Or Together ?	X New Tax Rules for Y year	Do you need to hire contractors or employees?	X Tax Mistakes Business Owners Make	Awakening Our Divine Potential
18	19	20	21	22	23	24
How to Cleanse Crystals	Waking Up At 3AM – 5AM A Sign Of Spiritual	How to Spring Clean Your Home	How to Spring Clean Your Business	What was your Past Life?	Discover the Layers of Your Energy Body	How to Reduce Mental Clutter
25	26	27	28	29	30	
How to Organize Your Debt Repayment Plan	How To Find Your Soul Purpose	How to Get Rid of Clutter in Your Life	Why Don't Lightworkers Warn People About Upcoming Disasters?	5 Ways to Harness the Healing Power of a Selenite Wand	How to Declutter Your Life	
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MAY

Key theme for the month: Spring Cleaning

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 The 7 Chakra Colors and Meanings
2 The Secret Script of the Universe	3 11 Full Moon Rituals for Manifesting with the Power of the Moon	4 Manifest While You Sleep	5 How X Spiritual Coaches Found Their Careers	6 My Crazy Spiritual Story	7 How to Connect With Your Higher Self	8 X Ways to Get Your Partner To Connect With You
9 Hearing Your Name Called and Nobody Is There?	10 7 Self-Care Tips-How to Step Up Your Self-Love	11 How To Free Yourself From Negative Thoughts Fast	12 Tap In to the Power of A Morning Ritual	13 Are You A Spiritual Channel?	14 The Influence of planets	15 X Type of Channeling
16 X Crystals for Protection	17 3 Ways To Cleanse Your Aura	18 X Ways You Are Being Influenced By Spiritual Beings	19 Forest Bathing	20 5 Things You Need To Know About The Deeper Meaning of 111	21 7 Signs You Need to Cleanse Your Energy	22 X Types of Spiritual Beings
23 Waking Up During The Witching Hour	24 Sacred Versus Scared	25 The Truth Of Aligning With Spiritual Romance	26 How to Calmly Immerse In Powerful Properties	27 How to Break A Curse!	28 Why Hold Yourself Back From Infinite Possibility?	29 What Does Deja Vu Mean?
30 How to Thrive as a Spiritual Entrepreneur	31 Psychic Empath Types					
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JUNE

Key themes for the month: Summer, Effective Communications Month, LGBT Pride Month, Summer Vacation

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		How to Avoid Burnout	How To Get it All Done Mindset Training	Rainbow Cloud Spiritual	X Essential Oils for Anxiety	Labyrinth
6	7	8	9	10	11	12
Spiritual Pride	How to Recognize and Protect Against Psychic Attack	X Must Haves on Your Spiritual Reading List	Spiritual Fire	X Ways to Boost your Clairaudient	Secret to Luck	Healing Wounds Of the Past
13	14	15	16	17	18	19
Ascension	X Ways to Heal Your Root Chakra	Letting Go Of Certainty	The Value of Mistakes	Lucid dreams	What are visualizations	7 habits of conscious living
20	21	22	23	24	25	26
Aura cleansing	Stages of life	Achilles heel	The advantages and disadvantages of your soul	What level of consciousness does my soul have?	The Importance of having an alignment of values, needs and desire.	X Ways to Practice Embodied Spirituality
27	28	29	30			
Are Your Chakras Out of Balance	X Ways to Be More Positive	How to Stop Worrying	How to Open Your Heart			
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AUGUST

Key themes for the month: Winding Down Summer

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
How healing is water	Do you struggling with saying no	Its okay to change your mind	The Spiritual Power of Tears	Every Day Challenge	What to Expect from a Spiritual Awakening	Cleanse Your Energy with a Salt Bath
8	9	10	11	12	13	
How to Find Your Spiritual Match	Personal story about my journey	How to Stay Focused on Your Priorities	X Types of Meditation	How to Invoke A Light Shield	Stories you've learned from clients	What is holding you back
15	16	17	18	19	20	21
Insecurity	Laws of Attractions	What are your favorite spiritual things	Who do I wish to become as I contine my life journey	Top Manifesting Techniques	What is cosmic self	Have you ever had a feeling of homesick for a place you barely remember
22	23	24	25	26	27	28
Grief, Transition, Letting Go	Don't Supress Your Desires	People Change It Normal	Creating a Daily Spirtial Practice	How to Dismiss Negative Spirit Guides Which No Longer Serve	Is your obsession holding you back from seeing your full potential	Do you now what truly set us free
29	30	31				
Stop questioning yourself	Finding your anchor	The balance between your physcial life and spiritual life				
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SEPTEMBER

Key themes for the month: Back to School, Fall Goals (AKA: New Year's Part 2), Suicide Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Deepening your faith	X Common Spiritual Myths	5 Powerful Practices for a Daily Energy Clearing Routine	The laws of Attractions
5	6	7	8	9	10	11
secular spirituality	self-transcendence and transformations	solitary retreats	X Types of spirituality	The Difference Between Spiritual Bypassing and Conscious Creation	How to Manifest Money with Joy, Excitement & Ease	The Best Witch Subscription Boxes
12	13	14	15	16	17	18
10 Ways to manifest love and peace	How to Bounce Back from Troubles in Your Life	Be True To Yourself	X Self-Care Sunday Ideas for Realignment	12 Laws of Universe	6 Ways to Be True to Yourself & In Alignment with Your Inner Being	How to Surrender & Embrace Change Without Fear
19	20	21	22	23	24	25
Discover your divine self	Letting go of the victim mindset	Choose your belief	What story do you tell yourself	Are you letting your story define you	How To Use Mindfulness to Reach Your Goals	How can self-acceptance help with healing
26	27	28	29	30		
How can you heal and thrive	X Resources If You're Experiencing Hardship	X Spiritual Experts share their resilience stories	X Mental Health Tips	Where to Find Help		
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OCTOBER

Key theme for the month: Halloween, Holidays

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Why are spiritual coaches important	What would you say to your younger self
3	4	5	6	7	8	9
X Tips to deal with being on the end of inconsisent interest	How to create a mindset routine	Getting clear on what your boundaries are	What are you doing in your life right now to feel fulfilled	How to Stop Procrastinating on Your Spiritual Goals	Letting go of the guilt/shame/fear	6 Goals You Should Have in the next year
10	11	12	13	14	15	16
X Signs You're Having a True Spiritual Awakening	222 Meaning	What investments to make at the end of the year	Express yourself always	X Core Beliefs That Will Radically Shift Your Life	10 Things you need to know about grief	Is the opinion of yourself holding you back
17	18	19	20	21	22	23
Learning what to prioritize in your life	Self Esteem vs Self Worth	Happy People are Attractive People	How to Align Your Relationship with your Value	How to Hit Your Goals in Just 90 Days	X Steps for Powerful Realigning with Self	How to Heal Intrusive Thoughts
24	25	26	27	28	29	30
Using EFT Tapping to Heal Your Mind, Body & Life	X Ways to Stay Grounded & Calm Amidst Social Unrest	111 Meaning	When is It Time to Hire A Spiritual Coach	The Number One Thing Holding Most People Back	Analyze The Things You Aren't Saying, But Thinking.	Knowing what to share and when to share it
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NOVEMBER

Key themes for the month: Thanksgiving, Gratitude, Black Friday, Cyber Monday, Cyber Week, Holidays

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Why You Must Practice Gratitude	The Best Crystals for Anxiety	Connecting with someone who will help you and other flourish	How You Can Practice Gratitude Every Day	How to Effectively Use the Law of Attraction to Change Your Life	The Best Grounding Techniques for Anxiety
7	8	9	10	11	12	13
Are you moving foward in the same direction or are you stagnating	Feminine Energy	What Happens When You Don't Take Care of Yourself	X Ways to Tap Into Your Intuition for Answers	Trends in the news	Set your standards first	How to Set Up your Meditation Space
14	15	16	17	18	19	20
Are you stuck in victim mode	How to Plan a Budget Friendly Holiday Break	How Practicing Gratitude Will Quickly Transform Your Life	Unpopular opinions about spirituality	How Your Subconscious Mind & Beliefs Affect Your Reality	What is An Empath?	Embracing Rejections
21	22	23	24	25	26	27
X Places To Give Back	Letting Go to Receive Desires	X Challenge Ideas for 2021	How to Unblock Your Chakra	How to not lose momentum during the holiday	What to do when you feel like Giving Up	How to use your money for good
28	29	30				
How to find budget friendly gifts	Stopping negative thoughts	The Best Spiritual Books That Will Change Your Life				
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DECEMBER

Key theme for the month: Holidays, sales, planning for new year, end of year taxes, budgets

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			X Money Beliefs that Keep Abundance from Manifesting	X Places to buy your crystals	How to Create a Sacred Space in Your Home	X Powerful Benefits of Alone Time
5	6	7	8	9	10	11
Are you Ready to Let it Go	Breaking The Cycle	Gifts for everyone in your family	Why are you struggling	8 Red Flags To Watch Out For	How to Invite Your Dreams In	X Yoga Poses to Help You Manage Stress
12	13	14	15	16	17	18
How to Empower Yourself by Shifting Your Attention and Intention	Make Your Intention to Meet Yourself Where You're At	7 Habits for Peace	How to Focus During the Holidays	How to Protect and Prepare Your Spirit	How to Plan a Budget Friendly Holiday Event	Letting Pressure Get to You
19	20	21	22	23	24	25
How To Embrace Uncertainty	3 Components In Any Spiritual Experience	3 Month Mark	Best Holiday Giveaways	How to Stop Surrendering Your Personal Power	Self Sabotage	How to Stay Focused On Your Goals in X Year
26	27	28	29	30	31	
Why you shouldn't a break from your goals	How to Get Clear on What You're Truly Capable of Accomplishing	3 Things to Stop Doing Right Now if You Want to Fix Your Life	X Things to Let Go Of In the New Year	X Goals to Make In The New Year	How to Celebrate Your Accomplishments	
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